## **Legal Disclaimer**

Information on this site is provided for informational purposes only and is not meant to substitute for the advice provided by your own current medical professional. You should not use the information contained herein for diagnosing or treating a health problem or disease, or prescribing any medication. You should read carefully all product packaging. If you have or suspect that you have a medical problem, promptly contact your health care provider.

Information and statements regarding all products and companies have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease. All references to individuals or companies contained herewithin does not indicate an endorsement or guarantee of any specific result by the author. Any individual choosing to contact and utilize services of those referred to herewithin including the author, does so at their own risk and peril, and no liability whatsoever, shall be borne by the author. No warranties of any kind regarding the information contained herein are expressed or implied. Every effort has been made to ensure that all information is correct, but the author shall not be responsible for errors. No claims are made as to suitability for your purposes and the author will not be responsible for any situations which arise due to and individual's use of this web page and/or the information therein.